

**5 EASY
STEPS TO
BEGIN
ABSTRACT
PAINTING
TODAY!**

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Intro

USING MATERIALS YOU ALREADY HAVE ON HAND IN YOUR STUDIO

Do you want to begin painting abstract paintings but don't know where to start? Do you want to move beyond your typical paintings to do something different?

I'll show you an easy 5-Step method that I use in my studio to generate ideas for painting compositions. I know you're ready so...

LET'S GET STARTED!

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Step 1

GET TOGETHER A CAMERA AND SOME OF YOUR PAINTINGS

This first step is so easy. What you'll need is a camera (I use my phone) and some of your paintings.



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Step 2

**CUT A FEW MATS OUT OF MAT
BOARD, CARDBOARD, PAPER
OR WHATEVER YOU HAVE**

I have old mats in my studio that I use. You can use anything that can act as a frame to isolate a piece of a painting.



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Step 3

**TAKE THE MATS AND LAY THEM
OVER YOUR PAINTINGS TO
DISCOVER ABSTRACT
COMPOSITIONS**

Try to find areas with interesting
shapes and strong values.



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Step 4

TAKE PICTURES OF THE ABSTRACT COMPOSITIONS FRAMED BY THE MATS

I take black and white pictures of all the interesting areas. These pictures I then print out as value studies for an abstract painting. See how easy this is?



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Step 5

NOW USE THE VALUE STUDIES TO PAINT YOUR ABSTRACT PAINTING

Now its up to you - it's time to paint!
Choose a color combination (begin
easy with a complementary combo) and
start painting. I told you this was
easy!



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Done!

**YOU'VE JUST PAINTED YOUR
FIRST ABSTRACT PAINTING!**

Congratulations! You just used the steps that I often use in my studio to generate composition ideas. Now get in there and paint more!

YOU ROCK!



DAVID M. KESSLER FINE ART

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DAVID M. KESSLER

David M. Kessler is a contemporary abstract painter, nationally recognized workshop instructor, author of the book, *"Bigger, Faster, Fresher, Looser Abstract Painting Workbook"*, and founder of *Design Fundamentals for the Artist* and *Abstract Painting Academy*. David's paintings are collected worldwide.

Connect with David:

Website: www.davidmkessler.com

Paint with David at a Workshop

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